

Stocking Slider: Instructions for use

If it looks like this, you will need to prepare it before use



Push one narrow end inside the middle section



Keep pushing until it reaches the handle end

Step 1: Before you start, look at the Stocking Slider. If it is packaged as a single layer, with a wide section in the middle and two narrower ends, as shown, then you will need to prepare it before you use it.

Step 2: If you need to prepare it, hold the wide middle section in one hand and take the narrow end that doesn't have the black handle in the other hand. Now push the narrow end inside the wider section. Keep pushing until it reaches the inside of the other narrow handle end. The Stocking Slider should now have two layers of material.

Step 3: Start by putting your foot into the red sleeve of the Stocking Slider, leaving the black handle at the bottom, hanging off the end of your toes.



Step 4: Next, prepare your compression sock by putting your hands in the sock and wrinkling the sock down to the foot section.



Step 5: Then slide the foot of your compression sock onto the red sleeve.



View a brief video of these instructions: <https://bit.ly/stocking-slider>



Step 6: Pull the sock up and over the red sleeve.



Step 7: When the sock is pulled up to your knee, reach down and take hold of the Stocking Slider black handle from inside the open toe hole of the sock.



Step 8: Keeping pulling the black handle until the Stocking Slider is fully removed.



Step 9: Put the Stocking Slider to one side. You will need to push one end inside the other to prepare it for the next use (see Step 2 for these instructions).



Step 10: Now smooth out any wrinkles in the sock.

Step 11: Repeat this process on the other foot.

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